

Calhoun County Schools

September 2014

Aug 29, 2014

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 1 Labor Day	Sep - 2 Chix Sandwich OR Salisbury Steak Potatoes, Roasted Glazed Carrots Pineapple Whole Wheat Roll Milk Choice	Sep - 3 Cheeseburger OR Baked Chicken Brown Rice Gravy Squash Casserole 1/2 Black Eye Peas Mandarin Oranges Breadstick WW Milk Choice	Sep - 4 Chicken Nuggets Gravy Mashed Potatoes Green Beans Pineapple Whole Wheat Roll Milk Choice	Sep - 5 Burrito OR Chicken Fajita Refried Beans Chopped Romaine Tomatoes Sliced Peaches Belly Bears WG Choc Milk Choice
Sep - 8 Chix Sandwich OR Turkey Mashed Potatoes Gravy Green Beans Mandarin Oranges Whole Wheat Roll Milk Choice	Sep - 9 Cheeseburger OR BBQ Pork Sandwich Oven Fries Steamed Broccoli Fruit Cocktail Brownie, WG Milk Choice	Sep - 10 Crispito Cheddar Cheese, Shre Pinto Beans WK Corn Romaine Spinach Sala Tomatoes Ranch Dressing Sliced Peaches Breadstick WW Milk Choice	Sep - 11 Grill Chix Wrap OR Chicken Wrap Carrot Sticks w/Dip Romaine Spinach Sala Ranch Dressing Pears Fresh Belly Bears WG Choc Milk Choice	Sep - 12 Pizza, Pepperoni 4X6, California Vegetables Romaine Spinach Sala Ranch Dressing Tomatoes Glazed Carrots Pineapple Milk Choice
Sep - 15 Chicken Tenders Mashed Potatoes Glazed Carrots Pears Whole Wheat Roll Milk Choice	Sep - 16 Corndog OR Pork Roast Gravy Baked Potato Creamy Coleslaw Breadstick WW Grapes Milk Choice	Sep - 17 Burrito OR Chicken Fajita Refried Beans Chopped Romaine Tomatoes Mandarin Oranges Milk Choice	Sep - 18 Chix Sandwich OR Baked Spaghetti California Vegetables Romaine Spinach Sala Ranch Dressing Breadstick WW Pineapple Chocolate Chip Cookie Milk Choice	Sep - 19 P D Day
Sep - 22 Corndog OR Hamburger Sweet Potatoes Fries Baked Beans\BBQ Sliced Peaches Milk Choice	Sep - 23 Turkey Wrap OR Ranch Parmesan Chic Fried Okra Glazed Carrots Mixed Fruit Breadstick WW Condiments Milk Choice	Sep - 24 Hot Wings Romaine Spinach Sala Ranch Dressing Celery Sticks w/dip Carrot Sticks w/Dip Chips, Tortilla Mission Mandarin Oranges Breadstick WW Milk Choice	Sep - 25 Chix Sandwich OR Mexican Skillet WK Corn Broccoli Pineapple Belly Bears WG Cin Toasted Bun Milk Choice	Sep - 26 Cheeseburger OR Stroganoff Buttered Noodles Peas, Green Romaine Spinach Sala Ranch Dressing Pears Toasted Bun Milk Choice
Sep - 29 Chix Sandwich OR Hotdog Oven Fries Baked Beans\BBQ Chopped Romaine Ranch Dressing Fruit Cocktail Milk Choice	Sep - 30 Ham Sandwich OR Chicken and Noodles Green Beans Lima Beans Sliced Peaches Toasted Bun Chocolate Pudding Milk Choice			

This institution is an equal opportunity provider

Menu subject to change

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.